

**Elite Martial Arts is coming to**

# Woodmoor!

Special After School Program starts March 28th 2023!

## What is the Elite Martial Arts After School Program all about?

This unique course known as Elite Kids is a 9 session character development program that incorporates physical exercise with life skill lessons. Open to students grades K-5, this innovative series of classes is designed to not only introduce your child to basic martial arts, but to also improve concentration, listening skills, cooperation, and courtesy. It will benefit your child at home, at school, and in team sports. The Black Belt instructors from Elite Martial Arts have volunteered their time to teach the Elite Kids programs at dozens of area schools during the past several years. At this point, we are proud to say there are literally thousands of Elite Kids alumni.

## How does it benefit my school?

The materials required to run the Elite Kids Program will be donated by Elite Martial Arts as part of our commitment to helping local children in our community. The program tuition for this session is \$197 and includes uniform and more!

*This program is taught by certified Black Belt Instructors from Elite Martial Arts Kirkland under the guidance of Nationally recognized Master Level Instructor, Rocky Abild. Our team are experts at working with children. They are patient, enthusiastic, and know how to make learning fun.*



**Class #1 & 2 FOCUS**

**Class #3 & 4 RESPECT**

**Class #5&6 SELF-CONTROL**

**Class #7&8 PERSEVERANCE**

**Class #9 GOALS !**

*Get ready for Graduation...See details below.*

**Registration is fast and easy!**

**Visit**

<https://tinyurl.com/woodmoorspring>

Questions? Text/Call program coordinator  
Rocky Abild at (425) 820-5425.



**Where:** Woodmoor Elementary

**When:** Tuesdays Mar 28 - May 30

**Time:** After school from 4:00-5:00 pm

Class #9 Graduation Practice: A special graduation ceremony for those that qualify will be held on **Friday, May 19th** at our Martial Arts School at 11743 124th Ave NE (by Ford of Kirkland). Graduation time is 6:00pm.

*Note: Students will need to arrange their own transportation home following the program.*

***Don't miss out, register today!***

***www.KirklandMartialArts.com***

Woodmoor PTSA Sponsored Program. This class is for students who attend Woodmoor only. Scholarships are available and confidential. These activities are not sponsored nor endorsed by the Northshore School District or any of its schools. The District assumes no responsibility for the conduct during or safety of the activities. Although parent volunteering is not mandatory to sign up for the class, this class will run the dates listed as long as there is a parent representative present at each class. Failure to get enough parent representatives will result in classes being canceled. Northshore School District shall be held harmless from any cause of action, claim, or petition filed in any court or administrative tribunal arising out of the distribution of these materials including attorney's fees and judgments or awards.